

Tri the Coast

A Family Triathlon ~ June 3, 2012



RUN MAP - 5k

Start at the Colony club.



- 1 Go out toward Miramontes Road.
- 2 Cut Right onto the Coastal trail at the bathrooms and loop around heading back north.
- 3 Turn right at the bathrooms, heading toward the Greeter's Booth and loop around heading out toward Miramontes again.
- 4 Cut Right onto the Coastal train again.
- 5 Head South to the Public Outlook.
- 6 Loop back heading North on the Coastal Trail all the way back to the Colony Club

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