

# Tri the Coast

A Family Triathlon ~ June 3, 2012

## BIKE MAP

Start at the Colony club.

- 1 Go out toward Miramontes Road.
- 2 Follow Miramontes out to Hwy 1.
- 3 Turn around and head back along the same route.
- 4 As you reach the Colony Club, continue north on the coastal trail.
- 5 Take Redondo Beach Road out to Hwy 1.
- 6 Turn around and come back to the Colony Club

2 laps!

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